

**HEALTH AND WELLBEING BOARD
14 DECEMBER 2023**

DARLINGTON HEALTH AND WELLBEING PLAN 2023-2027

SUMMARY REPORT

Purpose of the Report

1. The purpose of this report is for members to consider and engage in the process for developing an updated Health and Wellbeing Plan for Darlington

Summary

2. The Health and Social Care Act 2012 introduced Health and Wellbeing Boards (HWB's) which became operational on 1 April 2013 in all 152 local authorities with social care and public health responsibilities. Health and Wellbeing Boards provide a focus on "place" and is one mechanism for joint working and improving the wellbeing of the local population. The Health and Wellbeing Board sets the strategic direction to improve health and wellbeing
3. The core statutory membership of the Health and Wellbeing Board consists of:
 - (a) At least one elected representative;
 - (b) A representative of the ICB;
 - (c) Directors of Public Health, Adult Social Care and Children's Services;
 - (d) Local Healthwatch organisation.
4. A Local Authority or Health and Wellbeing Board can appoint other members to the board.
5. The Darlington Health and Wellbeing Board includes representatives from a range of organisations, including:
 - (a) Voluntary and community;
 - (b) Education sector;
 - (c) Health care providers;
 - (d) Police Crime Commissioner.
6. The Terms of Reference were considered at the meeting of the Health and Wellbeing Board on 7 September 2023, amendments will be further considered.
7. Health and Wellbeing Boards have a statutory duty to produce a Joint Local Health and Wellbeing Strategy (JLHWS) for their local population as set out in the Health and Social Care Act 2021. The Joint Local Health and Wellbeing strategy outlines the key priorities

for the Darlington Health and Wellbeing Board.

8. The meeting of the board on 14 December 2023 will mostly take the format of a workshop to finalise the local priorities for improving health and wellbeing in the light of the evidence and context discussed at the Health and Wellbeing Board in September 2023.
9. Health inequalities are differences in health between people or groups of people that can be related to a range of difference issues that affect the opportunities they have to lead healthy lives. Health inequalities affect residents at every stage of the life course – in childhood, adult life and in older age, with most disadvantaged people experiencing worse outcomes.
10. The Darlington Joint Local Health and Wellbeing strategy will set out the approach to improving health and wellbeing of Darlington residents through a lens of inequality. It will involve voluntary and community partners, NHS health partner collaboration, links with other public sector partners, a range of local authority services and education partners at all stages of learning.
11. Further consideration needs to be given to how best to involve local charities and businesses in delivering the JLHWS.
12. The HWB workshop on 14 December 2023 will consider the priorities across a life course and a thematic approach:
 - (a) Children and Young People: Best Start in Life;
 - (b) Staying Healthy and Living Well;
 - (c) Healthy Places;
 - (d) Healthy Ways of Working.
13. The above proposals will be the focus for discussion in the workshop. Appendix 1 describes evidence based proposals for consideration. A report describing the outcome of the workshops will be shared with wider stakeholders and subsequent version brought to the Health and Wellbeing Board in March 2024.

Recommendations

14. It is recommended that the Health and Wellbeing Board members support the next steps to develop a Darlington Joint Local Health and Wellbeing strategy.

Reasons

15. The recommendation is supported by the following reasons:
 - (a) It is a statutory duty of the Health and Wellbeing Board to improve the health and wellbeing of their local population, reduce health inequalities and produce a Joint Local Health and Wellbeing strategy.

- (b) To enable the Health and Wellbeing Board to make sure the Integrated Care Board’s Joint Forward Plan takes account of local health inequalities and the Joint Local Health and Wellbeing strategy.

Miriam Davidson
Interim Director of Public Health

Background Papers

No background papers were used in the preparation of this report.

Miriam Davidson: - Interim Director of Public Health

S17 Crime and Disorder	Not applicable
Health and Well Being	The Health and Wellbeing Board has a statutory role to work in partnerships and set strategic direction to improve the health and wellbeing of local people
Carbon Impact and Climate Change	None
Diversity	None
Wards Affected	All
Groups Affected	All, with an ambition to address health inequalities.
Budget and Policy Framework	No
Key Decision	No
Urgent Decision	No
Council Plan	Aligned
Efficiency	No
Impact on Looked After Children and Care Leavers	No

Appendix 1

Place: Darlington Borough Council

The following actions are evidenced-based proposals to simulate discussion.

<p>1</p>	<p>Children and Young People – Best Start in Life, actions to include:</p> <ul style="list-style-type: none"> • Support for a smoke-free pregnancy and infant feeding; • Delivery of 0-19 years services, including school nursing and health visiting, National Child Measurement Programme; • Oral health promotion; • Domestic Abuse awareness; • Support for children and young people’s mental health; • Tobacco Control Alliance; • NHS England Children and Young People programme. 	<p>2</p>	<p>Staying Healthy and Living Well, actions to include:</p> <ul style="list-style-type: none"> • Appropriate service provision which promotes prevention and self-care close to home; • Supporting mental wellbeing including access to a fair job for a fair wage and good quality housing; • Alcohol services, substance misuse treatment services, suicide prevention; • Review gambling patterns and consider workplace charter. • Health improvement training, healthcare public health, health protection, increase uptake of vaccinations; • Delivery of NHS health checks, improve detection and management of 3 high-risk conditions for cardiovascular disease;
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			<ul style="list-style-type: none"> • Increase the rate of “Healthy Weight”; • Support NHS England Core 20 Plus 5, their approach to reduce healthcare inequalities; • Carers support aligned with Better Care Fund requirements, in partnership with Community and Voluntary sector organisations; • Support the Primary Care Network to understand the greatest community need in their area, and work with them to pilot new models of care; • Older people want to live active, engaged and independent lives with access to hospital care when needed and the support and services they need to stay at home; • Promote enhanced health in care homes; • End of life care and support with care which is competent, compassionate and personalised.
<p>3</p>	<p>Health Places, actions to include:</p> <ul style="list-style-type: none"> • Provision of safe, clean outdoor spaces where people of all ages can be physically active and meet others; • Create experiences and activities are important to wellbeing for all ages. Theatre 	<p>4</p>	<p>Healthy Ways of Working, actions to include:</p> <ul style="list-style-type: none"> • Share grant funding opportunities available for communities to deliver local health and wellbeing initiatives;

	<p>Hullabaloo has a specialist offering for young audiences;</p> <ul style="list-style-type: none">• Libraries and reading support;• Promotion of active travel;• Support work experience as a pathway to employment;• Develop a healthy weight alliance, consider density of 'fast food' outlets;• Darlington 'anchor institutions' can have an impact together on the wider factors influencing health and wellbeing;• Reduce environmental impact;• A positive impact of the COVID pandemic was the number of people coming forward as volunteers. Promote opportunities for volunteers to help with local isolation and loneliness.		<ul style="list-style-type: none">• Support actions to develop workforce skills across care and support services;• Share messages from engagement surveys, user experience feedback and community leaders;• Maintain the Joint Strategic Needs Assessment so that data is good quality and provides a picture of health inequalities;• Consider shared workforce charters, e.g., gambling workforce charter, health at work compacts.
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